



July 8, 2019

Photos from Late Spring/Early Summer Sails!

We hope you enjoyed a spirited Independence Day weekend!

Mother Nature has threatened us several times this year but, so far, we've been able to pull off every sail on our full summer calendar with no problem. We've met terrific, inspiring people, had many beautiful experiences and surprisingly good weather...just when we needed it!

Please check out our photos from the first part of our summer season below!

In a soon-to-come newsletter, we'll also share fantastic photos from our **5th Annual Pirates and Princesses Treasure Hunt Adventure** that was held on June 25th at the Boston Yacht Club, Marblehead, MA.

Still to come healing sails in July include:

- Camden YC, Camden, ME
- Jubilee YC, Beverly, MA
- Corinthian YC, Marblehead, MA

Enjoy the photos and keep sailing ever-forward!

Trisha and the Board of Sailing Heals

Annapolis sail scores another "A"!



MEET ANNAPOLIS LEAD CAPT. ROB GREVE

We have hundreds of wonderful people involved in making Sailing Heals a reality in our 20+ ports around the country. One of them is Capt. Rob Greve, shown here with his wife Carroll.

Rob started working with Sailing Heals in May 2015 as part of his work on the Eastport YC Cruise Committee where he was helping students from St. John's College get out on the water in Annapolis. As a cancer prostrate survivor and again needing treatment, Sailing Heals' mission resonated with Rob.

Rob has worked tirelessly to expand the program to more VIPs in



greater Annapolis and has put a lot of time into offsetting the costs of the lunch through generous members, including lunch sponsor and host captain Josh Young who has been particularly generous.

Thanks to Rob and other EYC supporters, Eastport-Annapolis is now Sailing Heals largest program, hosting approximately 50 VIPs *twice per year* with a waiting list of captains who want to get involved! Rob and other captains have also worked to enhance the relationship between Sailing Heals, the Eastport YC and Wellness House of Annapolis. The excellent collaboration, now called affectionately as the "3 points of a sail," has greatly helped with the planning and execution of these terrific events. Rob says the best part of being involved with Sailing Heals is having a chance for other VIPs to get out on the water, get acquainted and share their experiences.

Rob's professional background is 50 years of US federal service: 22 years in USAF and 28 years in CIA as an operations officer focused worldwide flight operations. His career led him to sailing. When Rob arrived in Vietnam in June 1970, he was based in the beautiful beach town of Nha Trang. His USAF unit had six Sunfish which they kept on the Air Base and trailered to the beach. Weekends were highlighted by races that Rob (no surprise to anyone who knows him) helped organize. Rob said that the sailing "made the one-year tour pass by very quickly." We thank Rob for his distinguished service to our incredible country and for his dedicated service to the mission of Sailing Heals in Annapolis!

It's always a happy day sailing on MADELEINE in Newport Harbor!



Article about Sailing Heals w/ photos from MADELEINE in the Providence Business News.

Many more photos--from all of our events--are available on our FB page. Click here to like.

We welcomed Scituate Harbor YC and South Shore Cancer Center to our Program on June 19th!

Check out this excellent article in the Patriot Ledger about our Scituate sail!



Scituate
Harbor Yacht
Club, June
19, 2019

MANCHESTER: Many thanks to J Barrett and Company--top Boston-area Northshore realtors--for again sponsoring our Manchester YC sail and to all the host captains and lunch volunteers who made it a beautiful and care-free day for our guests!



Manchester YC, Manchester By-the-Sea, June 29, 2019

[Sailing Heals Event Registration Link](#)

More to come from our mid-late summer sails that start this week!
VIP patient/caregiver guests: If you haven't yet signed up for a sail, many have filled up but a few dates still have openings. Please check out our registration link above.

PS - If you happen to be on Martha's Vineyard on Aug. 16th, call Trisha at 978-886-2561. We have a very special invitation-only event to benefit Sailing Heals that I can tell you more about...at least while space is available!