



Wishing our VIPs, Host Captains, Volunteers,
Donors and all Supporters good health and
great joy in 2018!

With additional thanks to those of you who contributed to our successful season and to those who have helped us toward our year-end fundraising goal. We are currently at 74% thanks to YOU!

Photo courtesy of RI-based Host Captain, Russell Talisman.



No matter what the year may bring, may it be sprinkled with moments that are pure Camelot...

"I really don't know why it is that all of us are so committed to the sea, except I think it's because in addition to the fact that the sea changes, and the light changes, and ships change, it's because we all come from the sea. And, it is an interesting biological fact that all of us have in our veins the exact same percentage of salt in our blood that exists in the ocean, and therefore, we have salt in our blood, in our sweat, in our tears. We are tied to the ocean. And, when we go back to

the sea--whether it is to sail or to watch it--we are going back from whence we came."

-John F. Kennedy, Remarks at the Dinner for the America's Cup Crews, Sept. 14, 1962.

Note: The office is open on this week on Tues. (1/2) and Wed. (1/3) and then will close until January 10th when, with your continued support, we'll begin planning another beautiful season of spirit-lifting escapes at sea!

Thank you & blessings for your good health in the New Year!

Sailing Heals, Inc. | www.sailingheals.org | Tax ID- 45-2859863



To donate, please click here: [Sailing Heals](#)