

# Savoring the Sea with Sailing Heals

The beautiful coastal areas of Marblehead and Nantucket, MA along with Newport, RI have been the back drop for many healing sails this August for Massachusetts-based *Sailing Heals*. The non-profit, who takes VIP Patient Guests out for healing days on the water thanks to volunteer Host Captains, has arranged for many of their sails this month to be tied into the 2012 Panerai Classic Yachts Challenge N. A. Circuit. Many sailors, guests and members of the media were on hand at all three beautiful New England classic yacht regattas, that make up the PCYC circuit to take in the beautiful vistas and highly competitive racing.

*Sailing Heals* Executive Director Trisha Boisvert credits founding sponsor Panerai for helping them deliver such great experiences. "Panerai saw a true opportunity to engage in their clients' communities and put up, not only the seed money to get the healing sails off the ground and in the waves so to speak, but has also included *Sailing Heals* guests in spectacular, once-in-a-lifetime events such as the reception on the Tall Ship *Pride of Baltimore II* in Nantucket."

Nantucket resident and cancer patient Shelley Ferguson, who attended the *Pride of Baltimore II* event as well as a healing sail, had this to offer: "There is an indescribable feeling that I got from actually being on the water. Maybe this is what pure happiness is? To watch my husband and son happily engaged in the running of the ship was a joy! I spent the day relaxing and letting them - and the crew - do all the work. These are memories that will be savored and shared for years."

With the sails tied to the PCYC, *Sailing Heals* will have taken out over 40 VIP patient guests, plus their caregivers, in New England alone this season to savor the healing powers of the sea. For more information or to get involved, please visit [www.sailingheals.org](http://www.sailingheals.org)

